



**BROMLEY AND
SHEPPARD'S COLLEGES
WEEKLY HERALD
21 FEBRUARY 2021**



FIRST SUNDAY OF LENT

THOUGHT FOR THE DAY



The laws of nature are
but the mathematical
thoughts of God
- *Euclid [c300BC]*

Weekly diary

When	Service	President	Reader	Intercessor
Sun 21	10am	Paul Jenkins	Brandy	Rob Pearson
Feb			Pearson	

Please follow communion protocols – there is a laminated sheet for ministers. We hold each other in our prayers: worshipping online, in person or quietly alone.

From Paul Jenkins

Dear Fellow Collegians

It is now almost twelve months since I was offered a place in the college. I now share my gratitude for the hospitality and kindness that so many of you have offered me here, along with your welcome. On Ash Wednesday over 20 of us shared in Communion and the beginning of our Lenten journey, the challenge is not so much what we may give up in the restrictions of these temporal time but what we make take on!

Here is a suggestion from Pope Francis, For Lent is not so much as giving up alcohol, chocolate etc but embracing works of love and forgiveness, understanding and wisdom, and the avoiding of hard words. My best wishes and thanks to you all.

DO YOU WANT TO FAST THIS LENT?
In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

pietrafitness.com 

Chaplain's notes

The Chaplain will be back from holiday on Sunday 21 February.

Election of Collegian Trustee

Please get your nominations in by Thursday 25 February. Feel free to nominate yourself, but you will need a proposer and seconder. Please do not be reticent if you feel you would like to offer your talents in this way.

Books for Sale

Take your once loved books to Dorothy Nicholson (17). She will sell them for you, and you can give the money to the Colleges or put it towards more books!

Lent

After some consultation, I understand most of you are organised for Lent study and activities; let me know if you want some company or ideas.

Window Cleaning

Please note that the external windows will be cleaned on Thursday 25th February. They will be onsite from 8am.

Trustees

You will get a leaflet soon with details and photos of Trustees. Let the office know with whom you would like to connect. Trustees are happy to meet on Zoom with one or two Collegians. We have a lap-top if you do not have access to Zoom. Your chosen Trustee may also be willing to meet in person; you can negotiate!

Be connected, be considerate, be forgiving!

Chaplain

Covid lockdown

Most Collegians have been vaccinated with the first dose and many with the second. Soon we may be allowed to book a holiday and have a fair chance of not cancelling it!!

As the days get longer and the air warms up we are looking forward to socially distanced coffee on the quad lawns. Hang in there!

HANDS	Wash hands regularly and for 20 seconds.
FACE	Wear face covering inside. Open windows!
SPACE	Keep 2m apart or 1m with face-covering and ventilation

Vehicular access BR1 1PG

Vehicular access postcode for guests and delivery people.

Prayer for the Nation – 6pm daily in February

Gracious God,
as we remember before you the thousands who have died,
surround us and all who mourn with your strong compassion.
Be gentle with us in our grief,
protect us from despair,
and give us grace to persevere
and face the future with hope
in Jesus Christ our risen Lord.
Amen.

Resources here:

www.churchofengland.org/resources/prayer-nation

First Sunday of Lent

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen

Scripture

Genesis 9:8-17

1 Peter 3:18-end

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight people, were saved through water. And baptism, which this prefigured, now saves you—not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

Psalm 25:1-9

Mark 1:9-15

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, 'You are my Son, the Beloved; with you I am well pleased.' And the Spirit immediately drove him out into the wilderness. He was in the wilderness for forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him.

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, 'The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.'

Post Communion Prayer

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

Amen

Prayer list

Anglican Cycle	The Church of the Province of Central Africa
Rochester cycle	Poverty Sunday: For all the food banks and shelter projects across the diocese, and for those working to end economic injustices
College	Margaret Mankey and Lynda Stimson [T]
Community	Christian Aid, other relief Agencies and The Red Cross
Collegians who have moved away	David and Diane Cossar, Frank and Yvonne Gough, Charles Potter, Pam Dawson, Sarah Grove John and Joyce Ilson, Mary Watts, and Ken Hewitt
Those who are sick or have asked us to pray	Jenny Balmer, June Dakin, Ron Emmett, Charlotte Gould, John Harris, Cecil Heatley (recuperating), Geoffrey Howard, Stuart Leck, Margaret Mankey, Nigel McDougall, Aaron Roddan, Vic Shaw, Anne Townsend, Jo Walton, Liz Whiting, Julian White, Peter Hemming and Matthew Coxen
Years Mind Anniversary	Leonard Sibellas
Those who have died	

Please ask for copy of complete prayer booklet. Please let Jo or the Chaplain know when to take someone off the prayer list. The Chaplain prays for collegians, the church locally and around the world, global issues and community in the Offices. If you would like a copy of this monthly resource, please ask Jo.